

LUNES	MARTES	MIERCOLES	JUEVES 1	VIERNES 2
				
LUNES 5	MARTES 6	MIERCOLES 7	JUEVES 8	VIERNES 9
KCal 813 P. 18 Lip. 22 H.C. 139 Paella Empanadillas de atún con ensalada Fruta / Pan Paella Small tuna patties with salad Fruit / Bread	KCal 581 P. 24 Lip. 21 H.C. 73 Crema de calabacín Huevos con tomate Fruta / Pan Courgette cream Eggs with tomato Fruit / Bread	KCal 689 P. 42 Lip. 17 H.C. 92 Alubias blancas con verdura Bacalao en salsa verde Fruta / Pan White beans with vegetables Baked cod in green sauce Fruit / Bread	KCal 663 P. 39 Lip. 27 H.C. 65 Sopa de ave con fideos Lomo adobado de cerdo con lechuga Yogurt natural azucarado / Pan Fowl soup with noodles Marinated pork loin with lettuce Naturally sweetened yogurt / Bread	KCal 887 P. 36 Lip. 42 H.C. 91 Coditos salteados con champiñón y bacon Alicas de pollo en salsa barbacoa con lechuga Fruta / Pan Macaroni sautéed with mushroom and bacon Chicken wings in barbecue sauce with lettuce Fruit / Bread
LUNES 12	MARTES 13	MIERCOLES 14	JUEVES 15	VIERNES 16
KCal 619 P. 28 Lip. 18 H.C. 85 Patatas a la riojana Hamburguesa de vacuno al horno con tomate Fruta / Pan Rioja potatoes Baked veal hamburger with tomato Fruit / Bread	KCal 807 P. 31 Lip. 30 H.C. 105 Lentejas con verdura Nuggets de pollo con lechuga Fruta / Pan Lentils with vegetables Chicken nuggets with lettuce Fruit / Bread	KCal 628 P. 16 Lip. 28 H.C. 77 Judías verdes rehogadas Tortilla de patata con ensalada Fruta / Pan Sautéed green beans Spanish omelette with salad Fruit / Bread	KCal 898 P. 61 Lip. 29 H.C. 98 Alubias rojas con verdura Muslo de pollo asado con chips Yogurt sabores / Pan Red beans with vegetables Grilled chicken thigh with chips Different flavors yogurt / Bread	KCal 760 P. 27 Lip. 23 H.C. 115 Arroz con tomate Filete de merluza romana con lechuga Fruta / Pan Rice with tomato sauce Battered hake fillet with lettuce Fruit / Bread
LUNES 19	MARTES 20	MIERCOLES 21	JUEVES 22	VIERNES 23
KCal 717 P. 49 Lip. 17 H.C. 91 Garbanzos con verdura Pechugas de pollo rebozadas con lechuga Fruta / Pan Chickpeas with vegetables Breaded chicken breasts with lettuce Fruit / Bread	KCal 628 P. 19 Lip. 26 H.C. 79 Crema de calabaza y zanahoria Salchichas frankfurt con tomate y patatas fritas Fruta / Pan Pumpkin and carrot cream Frankfurters with tomato and chips Fruit / Bread	KCal 796 P. 31 Lip. 28 H.C. 110 Arroz con salchichas y chorizo Filete de merluza en salsa verde Fruta / Pan Rice with sausages and chorizo Hake fillet in green sauce Fruit / Bread	KCal 879 P. 45 Lip. 32 H.C. 101 Macarrones carbonara Lomo adobado de cerdo con lechuga Yogurt sabores / Pan Carbonara macaroni Marinated pork loin with lettuce Different flavors yogurt / Bread	KCal 618 P. 27 Lip. 26 H.C. 69 Menestra de verduras Huevos con tomate Fruta / Pan Vegetable stew Eggs with tomato Fruit / Bread
LUNES 26	MARTES 27	MIERCOLES 28	JUEVES 29	VIERNES 30
KCal 670 P. 29 Lip. 30 H.C. 71 Puré de verdura Filete de jamón de cerdo empanado con ensalada Fruta / Pan Vegetable cream Ham fillet breaded pork with salad Fruit / Bread	KCal 706 P. 29 Lip. 19 H.C. 103 Lentejas con verdura Tortilla de patata con lechuga Fruta / Pan Lentils with vegetables Spanish omelette with lettuce Fruit / Bread	KCal 649 P. 43 Lip. 16 H.C. 83 Patatas en salsa verde Estofado de pavo en salsa rubia Fruta / Pan Potatoes in green sauce Turkey stew roux Fruit / Bread	KCal 859 P. 37 Lip. 31 H.C. 107 Espaguetis boloñesa Merluza en salsa americana Yogurt natural azucarado / Pan Bolognese spaghetti Hake in American sauce Naturally sweetened yogurt / Bread	KCal 854 P. 33 Lip. 34 H.C. 104 Alubias blancas con verdura Albóndigas de vacuno a la jardinera Fruta / Pan White beans with vegetables Veal meatballs with mixed vegetables Fruit / Bread